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Media Advisory

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DATE AND TIME

Wed, July 12, 2017
6:00 PM – 8:00 PM EDT

LOCATION

Cobo Center
1 Washington Boulevard
Detroit, MI 48226

Join us for an outdoor yoga session and glass of wine on Cobo Square, with the Detroit skyline at sunset as a background. Yoga will be taught by Citizen Yoga instructor, Sara Ophoff. All tickets include a one-hour session of vinyasa yoga and an optional glass of wine or beer after the class.

Minimum donation is \$12.

Online Registration: <http://bit.ly/2tuDlJH>

All proceeds from registration will benefit Common Grounds Sanctuary.

Event-day registration will begin at 5:30 PM and the session will begin at 6:00 PM.

Parking is available for \$10/ car on the Cobo roof.

Ages: 21+

Please bring your own yoga mat, water bottle and positive vibes. In the event of inclement weather, we will move the event indoors.

Citizen Yoga is dedicated to providing students with the most comprehensive yoga experience, challenging for all physical levels. CY is an alignment-based (form focused) yoga studio that offers a variety of classes ranging from a faster paced Vinyasa to a Slow Burn/Basics. Currently, Citizen Yoga has studios in Royal Oak and Detroit and will be launching a third location in Bloomfield Hills (Maple and Telegraph Rd) in Spring 2017.

For more information on Common Grounds Sanctuary please visit: <http://commongroundhelps.org/>

For more information on Cobo Center please visit: <https://www.cobocenter.com/>



An SMG managed facility